

49th & Oxbow Main Pool Lap Schedule

September 5-October 16, 2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 7 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking 5:00-7:30a	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking		If at the start of a Water Exercise Class, there are less than 8 participants; a 3 rd lap lane will be added. Please ask the pool staff for assistance if a 3 rd lap lane is needed No open swim during any instructor-led class or Swim Lessons.
7 – 8:15 am	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	
8:15 – 9 am	Lap Swim (2 lanes) Class 8:15a-9a	Lap Swim (2 lanes) BOGO Class 8:15-9a 9/20-11/8/22	Lap Swim (2 lanes) Class 8:15a-9a	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (2 lanes) Class 8a-8:45a	
9 – 10 am	OPEN SWIM Lap Swim (3 lanes)	Lap Swim (2 lanes) Class 9:15-10a	OPEN SWIM Lap Swim (3 lanes)	Lap Swim (2 lanes) Class 9:15-10a	Lap Swim (2 lanes) Class 9:30-10:15a	Lap Swim (3 lanes) Water Walking	
10 – 11 am	Lap Swim (2 lanes) Class 10-10:45a	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)
11 am -12pm	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 Lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)
12 – 1:00 pm	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)
1:00 – 2:00 pm	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	Lap Swim (3 lanes) Water Walking	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)
2:00 – 4:00 pm	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)
4:00 – 5:30 pm	OPEN SWIM Lap Swim (3 lanes)	Adaptive Aquatics Share 1 & ½ Lap Lane (4:00-7:00 pm) 9/13-12/13/22	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (3 lanes) Pool closes at 4:45 p	OPEN SWIM Lap Swim (3 lanes) Pool closes at 4:45 p
5:30 – 6:15 pm	No open swim 5:30-6:15p Class 5:30-6:15p Lap Swim (2 lanes)	Adaptive Aquatics Share 1 & ½ Lap Lane (4:00-7:00 pm) 9/13-12/13/22 Lap Swim (2 lanes)	OPEN SWIM Lap Swim (3 lanes)	No open swim 5:45-6:30p Class 5:45-6:30p Lap Swim (2 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	Pool Closed	Pool Closed
6:15 – 7:15 pm	OPEN SWIM Lap Swim (3 lanes)	Adaptive Aquatics Share 1 & ½ Lap Lane (4:00-7:00 pm) 9/13-12/13/22 Lap Swim (2 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)		
7:15-8:00 pm	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	OPEN SWIM Lap Swim (3 lanes)	OPEN SWIM Lap Swim (2-3 lanes)	Pool Closes at 7:45 pm		
8:00-8:45 pm	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed		

