Warm Water Pool Schedule

September 19-October 14, 2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – 8 am	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	
8:15-9:15 am	Adult Water Walking 8:15-9:15 am	Adult Water Walking 8:30-9:15 am	Adult Water Walking 8:30-9:15 am	**Move That Body** **8:30-9:15 am**	**Advanced** **Joints-N-Motion** **8:30-9:15 am**	Pool Closed	
9:15 – 10 am	Pool Closed	Adult Water Walking 9:15-10:00 am	Adult Water Walking 9:15-10:00 am	Adult Water Walking 9:15-10:00 am Bridging the Gap 9:15-11:00 am	Adult Water Walking 9:15-10:30 am	Adult Water Walking 9:00-10:00 am	
10 – 12 am	Pool Closed	Pool Closed	Family Open Swim 10:00-11:00 am	Bridging the Gap 9:15-11:00 am	Pool Closed	Family Open Swim 10:00-12:00 pm	Pool Closed
12 – 1 pm	**Joints-N-Motion** **12:00-12:45 pm**	Pool Closed	**Joints-N-Motion** **12:00-12:45 pm**	**Back in Action** **12:00-12:45 pm**	Pool Closed	Pool Closed	Pool Closed
1 – 2 pm	**Advanced** **Joint-N-Motion** **1:00-1:45 pm**	Pulmonary Rehab Pool Closed	**Advanced** **Joint-N-Motion** **1:00-1:45 pm**	Pulmonary Rehab Pool Closed	Pool Closed	Pool Closed	Pool Closed
2 – 3 pm	Pool Closed	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Pool Closed	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:30-4:00 pm	Pool Closed	Pool Closed
3 – 4 pm	Adaptive Aquatics 9/19-12/14/22	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics 9/19-12/14/22	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:30-4:00 pm	Pool Closed	Pool Closed
4 – 6 pm	Adaptive Aquatics 9/19-12/14/22	Pool Closed Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics 9/19-12/14/22	Pool Closed Bridging the Gap 3:00-5:15 pm	Pool Closed		
6 – 7 pm	Adaptive Aquatics 9/19-12/14/22	Pool Closed	Adaptive Aquatics 9/19-12/14/22	Pool Closed	Pool Closed		
7 – 8 pm	Adaptive Aquatics 9/19-12/14/22	Pool Closed	Adaptive Aquatics 9/19-12/14/22	Pool Closed	Pool Closed		